

Men's  
Shirt Fit  
Chart

| SIZE<br>(Neck<br>measure<br>ment): | If waist /<br>mid-<br>section is<br>no more<br>than: | Sleeve Length                                                         |                     |                     |                     |                     |                     |                              |
|------------------------------------|------------------------------------------------------|-----------------------------------------------------------------------|---------------------|---------------------|---------------------|---------------------|---------------------|------------------------------|
|                                    |                                                      | Sleeve Length is based on actual body measurement. Body length varies |                     |                     |                     |                     |                     |                              |
|                                    |                                                      | 32                                                                    | 33                  | 34                  | 35                  | 36                  | 37                  | SS                           |
| 14                                 | 31¼                                                  | Regular Back Length                                                   | Regular Back Length | Regular Back Length | Regular Back Length | Regular Back Length | Regular Back Length | Regular Back Length          |
| 14½                                | 33½                                                  |                                                                       |                     |                     |                     |                     |                     |                              |
| 15                                 | 35¾                                                  |                                                                       |                     |                     |                     |                     |                     |                              |
| 15½                                | 38                                                   |                                                                       |                     |                     |                     |                     |                     |                              |
| 16                                 | 40¾                                                  |                                                                       |                     |                     |                     |                     |                     |                              |
| 16½                                | 42½                                                  |                                                                       |                     |                     |                     |                     |                     |                              |
| 17                                 | 44¾                                                  |                                                                       |                     |                     |                     |                     |                     | Regular Back Length plus 1½" |
| 17½                                | 47                                                   |                                                                       |                     |                     |                     |                     |                     |                              |
| 18                                 | 49                                                   |                                                                       |                     |                     |                     |                     |                     |                              |
| 18½                                | 51                                                   |                                                                       |                     |                     |                     |                     |                     |                              |
| 19                                 | 53                                                   |                                                                       |                     |                     |                     |                     |                     |                              |
|                                    |                                                      |                                                                       |                     |                     |                     |                     |                     |                              |
|                                    |                                                      |                                                                       |                     |                     |                     |                     |                     |                              |

Bulwark  
Excel Knit  
Shirts

Men's  
Shirts

| Alpha Size | Max Chest |
|------------|-----------|
| XS         | 30        |
| S          | 34        |
| M          | 38        |
| L          | 40        |
| XL         | 44        |
| XXL        | 48        |
| 3XL        | 50        |
| 4XL        | 54        |
| 5XL        | 58        |

Tops

Men's Knit Shirts

| Size | Chart    |
|------|----------|
| XXS  | 29 - 32  |
| XS   | 32 - 35  |
| S    | 35 - 38  |
| M    | 38 - 41  |
| L    | 41 - 45  |
| XL   | 45 - 49½ |
| XXL  | 49½ - 54 |
| 3XL  | 54 - 58½ |
| 4XL  | 58½ - 63 |
| 5XL  | 63 - 67½ |
| 6XL  | 67½ - 72 |
| 7XL  | 72 - 76½ |
| 8XL  | 76½ - 81 |

| Size | Chest    |
|------|----------|
| XXS  | 34½ - 36 |
| XS   | 36½ - 38 |
| S    | 38½ - 40 |
| M    | 40½ - 42 |
| L    | 42½ - 44 |
| XL   | 44½ - 46 |
| XXL  | 46½ - 48 |
| 3XL  | 48½ - 50 |
| 4XL  | 50½ - 52 |
| 5XL  | 52½ - 54 |
| 6XL  | 54½ - 56 |
| 7XL  | 56½ - 58 |
| 8XL  | 58½ - 60 |

Dress Shirts Numeric Sized

| Size | Neck | Chest | Max. Waist |
|------|------|-------|------------|
|------|------|-------|------------|



|                                   |
|-----------------------------------|
| RG - Regular Back Length          |
| LN - Regular Back Length plus 1½" |
| XLN - Regular Back Length plus 4" |
| SS - Regular Back Length          |
| SSL - Regular Back Length plus 4" |

Men's  
Jackets

| Alpha Size | Chest Size | Chest Max. |
|------------|------------|------------|
| XS         | 32         | 32"        |
|            | 34         | 34"        |
| S          | 36         | 36"        |
|            | 38         | 38"        |
| M          | 40         | 40"        |
|            | 42         | 42"        |
| L          | 44         | 44"        |
|            | 46         | 46"        |
| XL         | 48         | 48"        |
|            | 50         | 50"        |
| XXL        | 52         | 52"        |
|            | 54         | 54"        |
| 3XL        | 56         | 56"        |
|            | 58         | 58"        |
| 4XL        | 60         | 60"        |
|            | 62         | 62"        |
| 5XL        | 64         | 64"        |
|            | 66         | 66"        |
| 6XL        | 68         | 68"        |
|            | 70         | 70"        |
| 7XL        | 72         | 72"        |
|            | 74         | 74"        |
| 8XL        | 76         | 76"        |
|            | 78         | 78"        |

Men's Unlined Coversals and Overalls

| Alpha Size                             | Numeric Size | Chest Size | Waist Max. |
|----------------------------------------|--------------|------------|------------|
| XS                                     | 30           | 28½ -30    | 30½        |
|                                        | 32           | 30½-32     | 32½        |
| S                                      | 34           | 32½-34     | 34½        |
|                                        | 36           | 34½-36     | 36½        |
| M                                      | 38           | 36½-38     | 38½        |
|                                        | 40           | 38½-40     | 40½        |
| L                                      | 42           | 40½-42     | 42½        |
|                                        | 44           | 42½-44     | 44½        |
| XL                                     | 46           | 44½-46     | 46½        |
|                                        | 48           | 46½-48     | 48½        |
| XXL                                    | 50           | 48½-50     | 50½        |
|                                        | 52           | 50½-52     | 52½        |
| 3XL                                    | 54           | 52½-54     | 54½        |
|                                        | 56           | 54½-56     | 56½        |
| 4XL                                    | 58           | 56½-58     | 58½        |
|                                        | 60           | 58½-60     | 60½        |
| 5XL                                    | 62           | 60½-62     | 62½        |
|                                        | 64           | 62½-64     | 64½        |
| 6XL                                    | 66           | 64½-66     | 66½        |
|                                        | 68           | 66½-68     | 68½        |
| 7XL                                    | 70           | 68½-70     | 70½        |
|                                        | 72           | 70½-72     | 72½        |
| <b>Short:</b> Height is 5'3" - 5'7"    |              |            |            |
| <b>Regular:</b> Height is 5'7" - 5'11" |              |            |            |
| <b>Long:</b> Height is 5'11" - 6'3"    |              |            |            |
| <b>XLong:</b> Height is 6'3" - 6'5"    |              |            |            |

Men's Lined Coversals and Overalls

| Alpha Size | Numeric Size | Chest Size | Waist Max. |
|------------|--------------|------------|------------|
| XS         | 30           | 28½ -30    | 28½        |
|            | 32           | 30½-32     | 30½        |
| S          | 34           | 32½-34     | 32½        |
|            | 36           | 34½-36     | 34½        |
| M          | 38           | 36½-38     | 36½        |
|            | 40           | 38½-40     | 38½        |
|            | 42           | 40½-42     | 40½        |

Men's Parkas

| Alpha Size | Chest Max. |
|------------|------------|
| XS         | 34         |
| S          | 36         |
| M          | 40         |
| L          | 44         |
| XL         | 48         |
| XXL        | 50         |
| 3XL        | 52         |

|                                        |    |        |     |
|----------------------------------------|----|--------|-----|
| L                                      | 44 | 42½-44 | 42½ |
| XL                                     | 46 | 44½-46 | 44½ |
|                                        | 48 | 46½-48 | 46½ |
| XXL                                    | 50 | 48½-50 | 48½ |
|                                        | 52 | 50½-52 | 50½ |
| 3XL                                    | 54 | 52½-54 | 52½ |
|                                        | 56 | 54½-56 | 54½ |
| 4XL                                    | 58 | 56½-58 | 56½ |
|                                        | 60 | 58½-60 | 58½ |
| 5XL                                    | 62 | 60½-62 | 60½ |
|                                        | 64 | 62½-64 | 62½ |
| <b>Short:</b> Height is 5'3" - 5'7"    |    |        |     |
| <b>Regular:</b> Height is 5'7" - 5'11" |    |        |     |
| <b>Long:</b> Height is 5'11" - 6'3"    |    |        |     |
| <b>XLong:</b> Height is 6'3" - 6'5"    |    |        |     |

|     |    |
|-----|----|
| 4XL | 54 |
| 5XL | 56 |

#### Men's Jacket

| Alpha Size | Chest Max. |
|------------|------------|
| XS         | 37         |
| S          | 40         |
| M          | 43         |
| L          | 46         |
| XL         | 49         |
| XXL        | 52         |
| 3XL        | 56         |
| 4XL        | 60         |
| 5XL        | 64         |

#### Lab Coats

| Alpha Size | Chest Max. | Hip Max. |
|------------|------------|----------|
| XS         | 36         | 36       |
| S          | 39         | 39       |
| M          | 42         | 42       |
| L          | 46         | 46       |
| XL         | 50½        | 50½      |
| XXL        | 55         | 55       |
| 3XL        | 59½        | 59½      |
| 4XL        | 64         | 64       |
| 5XL        | 68½        | 68½      |

#### Work

#### Shirts

| Size | Neck       | Chest    | Max. Waist | Sleeve Length |     |     |
|------|------------|----------|------------|---------------|-----|-----|
|      |            |          |            | RG            | LN  | XLN |
| S    | 13 ⅝ - 14½ | 34½ - 38 | 36         | 33            | 35½ | 37  |
| M    | 14 ⅝ - 15½ | 38½ - 42 | 40         | 33½           | 35½ | 37  |
| L    | 15 ⅝ - 16½ | 42½ - 46 | 44         | 34            | 36  | 37  |
| XL   | 16 ⅝ - 17½ | 46½ - 50 | 48         | 34½           | 36  | 37  |
| XXL  | 17 ⅝ - 18½ | 50½ - 53 | 51½        | 35            | 36  | 37  |
| 3XL  | 18 ⅝ - 19½ | 53½ - 56 | 55         | 35            | 36  | 37  |

|                                   |                                         |          |     |    |    |    |
|-----------------------------------|-----------------------------------------|----------|-----|----|----|----|
| 4XL                               | 19 <sup>5</sup> / <sub>8</sub> -<br>20½ | 56½ - 59 | 58½ | 35 | 36 | 37 |
| 5XL                               | 20 <sup>5</sup> / <sub>8</sub> -<br>21½ | 59½ - 62 | 62  | 35 | 36 | 37 |
| <b>Back Length:</b>               |                                         |          |     |    |    |    |
| RG - Regular Back Length          |                                         |          |     |    |    |    |
| LN - Regular Back Length plus 1½" |                                         |          |     |    |    |    |
| XLN - Regular Back Length plus 4" |                                         |          |     |    |    |    |
| SS - Regular Back Length          |                                         |          |     |    |    |    |
| SSL - Regular Back Length plus 4" |                                         |          |     |    |    |    |

Women's Fit  
Chart

Women's Tops

|     | Size | Alpha Size | Chest<br>Maximum | HIP<br>MAXIMUM |
|-----|------|------------|------------------|----------------|
| XS  | 2    | 2          | 33               | 34             |
|     | 4    | 4          | 34               | 34             |
| S   | 6    | 6          | 35               | 37             |
|     | 8    | 8          | 36               | 37             |
| M   | 10   | 10         | 37               | 40             |
|     | 12   | 12         | 38½              | 40             |
| L   | 14   | 14         | 40               | 43             |
|     | 16   | 16         | 41½              | 43             |
| XL  | 18   | 18         | 43½              | 46             |
|     | 20   | 20         | 45½              | 46             |
| XXL | 22   | 22         | 47½              | 49             |
|     | 24   | 24         | 49½              | 49             |
| 3XL | 26   | 26         | 50½              | 52             |
|     | 28   | 28         | 51½              | 52             |
| 4XL | 30   | 30         | 52½              | 55             |
|     | 32   | 32         | 53½              | 55             |

Women's Bottoms

| PANT SIZE | WAIST RANGE |     | SIZE SEAT |     |
|-----------|-------------|-----|-----------|-----|
| 0         | 23          | 26  | 34¾       | 35¾ |
| 2         | 24          | 27  | 35¾       | 36¾ |
| 4         | 25          | 28  | 36¾       | 37¾ |
| 6         | 26          | 29  | 37¾       | 38¾ |
| 8         | 27          | 30  | 38¾       | 39¾ |
| 10        | 28          | 31  | 39¾       | 40¾ |
| 12        | 29½         | 32½ | 40¾       | 42¾ |
| 14        | 31          | 34  | 42¾       | 43¾ |
| 16        | 32½         | 35½ | 43        | 45¾ |

|           |     |     |     |     |
|-----------|-----|-----|-----|-----|
| <b>18</b> | 34½ | 37½ | 45¼ | 47¼ |
| <b>20</b> | 36½ | 39½ | 47¼ | 49¼ |
| <b>22</b> | 38½ | 41½ | 49¼ | 51¼ |
| <b>24</b> | 40½ | 43½ | 51¼ | 53¼ |
| <b>26</b> | 42½ | 45½ | 53¼ | 55¼ |
| <b>28</b> | 44½ | 47½ | 55¼ | 57¼ |
| <b>30</b> | 46½ | 49½ | 57¼ | 59¼ |
| <b>32</b> | 48½ | 51½ | 59¼ | 61¼ |
| <b>34</b> | 50½ | 53½ | 61¼ | 63¼ |
| <b>36</b> | 52½ | 55½ | 63¼ | 65¼ |
| <b>38</b> | 54½ | 57½ | 65¼ | 67¼ |