Size	US Men's	US Women's	UK	EU
XS	4-5	5-6	3-4	36-37
SM	6-7	7-8	5-6	38-39
MD	8-9	9-10	7-8	40.5-42
LG	10-11	11-12	9-10	43-44.5
XL	11+	12+	10+	44.5+