



Hand length

Measure from the top of your middle finger to the base of the palm.

Palm girth

To measure, wrap the tape measure around the widest part of your palm.

Measure yourself:

Use the chart below to determine your size. If you're between two sizes, order the smaller size for a tighter fit or the larger size for a looser fit.

Sizing charts:

	cm				
	XS	S	M	L	XL
Hand length	17	18	19	20	21
Palm girth	18.5	19.5	21	22.5	23.5