If you are between sizes; we recommend choosing the larger size.

Measure your body as follows to choose the size that suits you best:

Chest:

Measure around the fullest part, place the tape close under the arms and make sure the tape is flat across the back.

SIZE	INCHES
S	30 - 34
М	34 - 38
L	38 - 42
XL	42 - 46
2XL	46 - 50
3XL	50 - 54
4XL	54 - 58